

Joint anchor technique
healing through better energetic alignment

INSIDE OUT HEALING

How SEE
- synchronised energetic engagement -
turns energy healing
inside out

Geoff Leury

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INSIDE OUT HEALING

How SEE - synchronised energetic engagement - turns energy healing inside out

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Author's note

As well as being one of the 4 foundation ideas, synchronised energetic engagement, or SEE, is a primary healing tool of Joint anchor technique.

Here, the idea of SEE is explored in more detail.

Before continuing, it is best to have read "4 HEALING IDEAS: The 4 ideas of a different approach to energy healing – Joint anchor technique". It's a free download, and you'll find it at - geoffleury.com

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Introduction

As was mentioned in “4HEALING IDEAS”, Synchronised energetic engagement, or SEE, is the healing connection between a practitioner and the person they are endeavouring to help, the connection being through the hands of the practitioner and the eplangetic body of the person.

The idea of SEE is that there is the potential for better healing to occur if the hands of the practitioner can connect with the eplangetic body (energy systems) of the person in a more direct way.

Three ideas central to making SEE happen are considered here. They are

1. **Repair rhythms**
2. **Direct contact**, and
3. **Everscence** (pronounced: *ee-VER-sense*)

Healing and the repair rhythms

According to Joint anchor technique, when a person sustains an injury, develops a disease or contracts an infection etc., the self-healing mechanisms of the person convert some of the normal rhythms of their eplangetic body (energy systems) into specialised rhythms designed to heal the problem. These specialised healing rhythms are called repair rhythms.

The repair rhythms are encased and protected by natural defence mechanisms of the eplangetic body as they carry out the healing process. These mechanisms are the surface tension of the eplangetic body and a layer of normal rhythms of the eplangetic body.

The repair rhythms know where the problem is and what is needed to repair it. Once they complete the healing process, they revert to normal rhythms. Figures 1 to 6 depict this sequence.

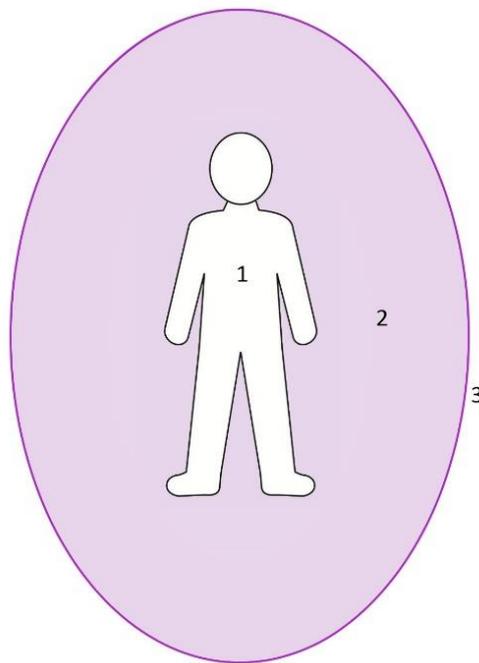


Figure 1

A person with no health problems. The physical body (1) is surrounded by the eplangetic body (energy systems, 2 and 3). (2) are the normal rhythms of the eplangetic body, and (3) is the surface of the eplangetic body

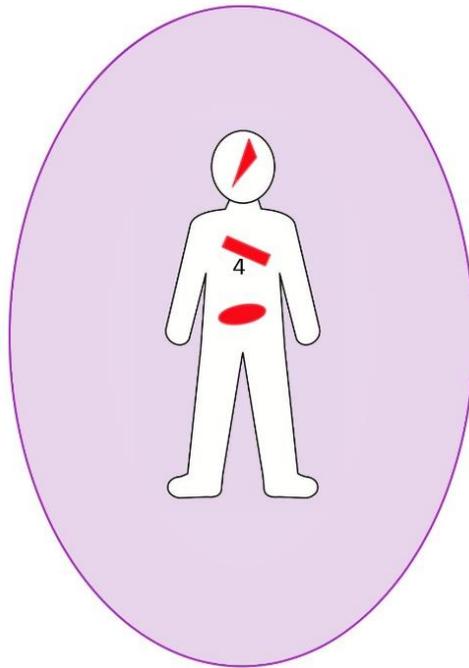


Figure 2

The person has developed some health problems. They could be due to injury, disease, infection etc. (red shapes. 4)

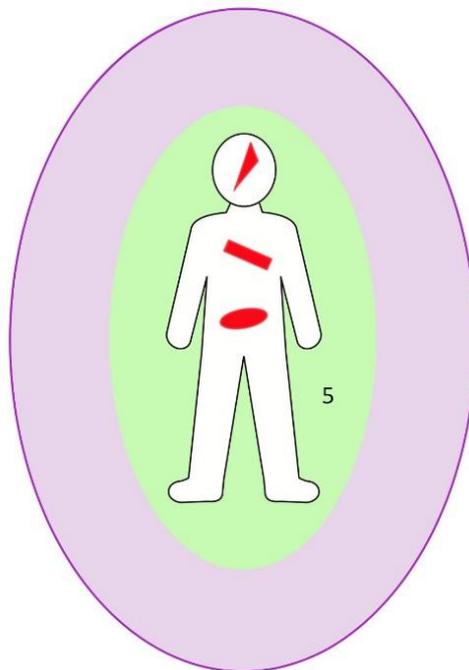


Figure 3

To deal with the health problems, the self-healing mechanisms of the person convert some of the normal rhythms of the eplangetic body into specialised healing rhythms called repair rhythms (green, 5). The repair rhythms are encased and protected by the remaining layer of normal rhythms and the surface tension of the surface of the eplangetic body

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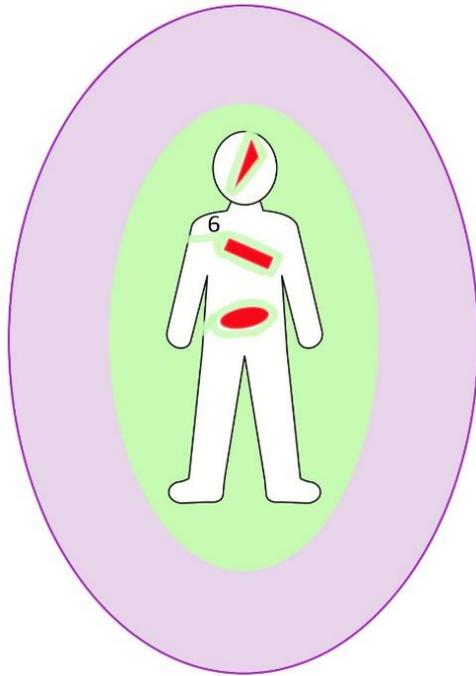


Figure 4

The repair rhythms locate and begin to repair and heal the health problems (6)

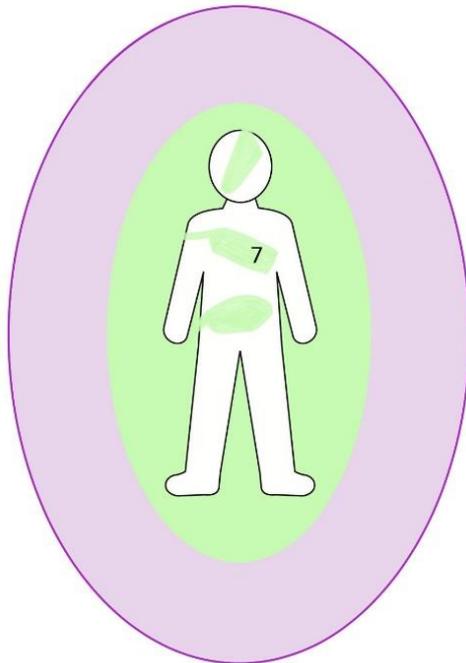


Figure 5

The red shapes have disappeared indicating the repair rhythms have completed the healing process (7)

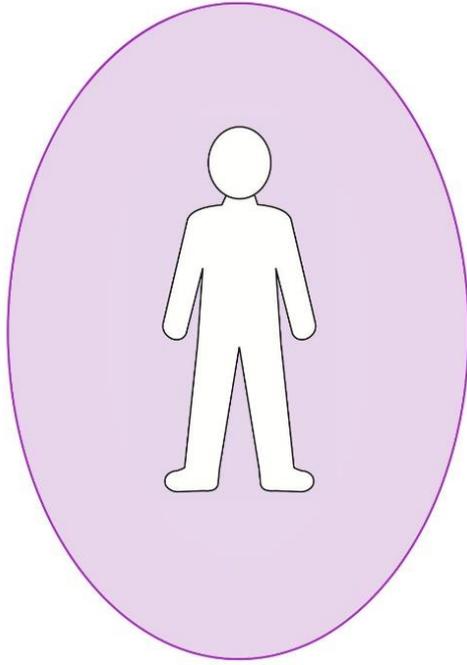


Figure 6

Once they complete the healing process, the repair rhythms revert to being normal rhythms

Direct contact and SEE

Sometimes, despite their best efforts, the repair rhythms do not cope fully with some problems and these problems, along with their pain and symptoms, remain unresolved, and healing is incomplete. This is usually when help is sought from health care professionals. Figure 7

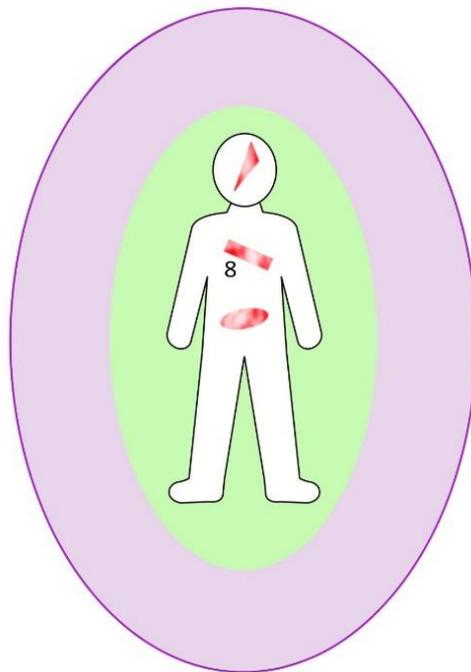


Figure 7

The red shapes have faded (8) but have not disappeared, indicating the repair rhythms have not been able to heal the health problems completely. This is usually when a person seeks help from health care professionals

Synchronised energetic engagement, or SEE, is the healing connection between a practitioner and a person that helps the person's repair rhythms heal these unresolved problems. The idea is outlined below.

According to Joint anchor technique, health problems remain unresolved because the repair rhythms do not have enough energy to complete healing processes. To help them complete healing processes, SEE is an option of an additional source of energy for the repair rhythms to use, and revolves around the hands of the practitioner connecting to the repair rhythms, the idea being the hands act as the conduit for this energy source from which the repair rhythms draw through the extra energy they need.

As well as being the healing connection, SEE can also be a better source of energy for the repair rhythms. This is due to the way the hands connect to the repair rhythms. With SEE, the hands are able to make **direct contact** with the repair rhythms. Direct contact means the hands are able to **touch** the repair rhythms.

Direct contact is a unique and key feature of SEE. When the hands come into direct contact with the repair rhythms, something more happens to the connection than if the hands are unable to make direct contact: the hands don't just touch the repair rhythms, they engage them or, even better, the hands are able to be engaged by the repair rhythms.

Engagement is a synchronised interlocking bond between the hands and repair rhythms. It is similar to what happens when the gears of a car are engaged to get the car moving.

Engagement has healing advantages over non-engagement, when the hands are not in direct contact with the repair rhythms. Two of these are

1. **Better energy flow:** It promotes better energy flow to the repair rhythms
2. **Better precision:** It enables the repair rhythms to use that energy with better precision

With engagement, the defence mechanisms are not between the hands and repair rhythms, and so cannot impede the flow of energy from the hands to the repair rhythms. This promotes better energy flow to the repair rhythms.

The synchronised interlocking bond gives the repair rhythms the capability to take direct control of the practitioner's hands which enables them to use that energy with better precision.

The idea is that the person's repair rhythms are well informed with regards to the location and nature of the health problems. This also includes knowing what kind and how much energy they need to draw from a practitioner, and how that energy needs to be used, if they happen to struggle to cope with the healing process and would like some help. With the better energy flow and better precision of SEE, they are able to take the hands to the exact location of problem area and then, once there, have a better flow of energy and move the hands with better precision to use that energy to carry out the repair process in the way it was meant to be carried out. This gives the healing process a better opportunity for being as successful as is it can be. Figure 8

Non-engagement, by contrast, means

1. Energy flowing from the hands of the practitioner must first negotiate the defence mechanisms of the surface tension and a layer of normal rhythms of the eplangetic body before it reaches the repair rhythms, and
2. There is no inter-locking bond between the hands and the repair rhythms

This can compromise the potential of the healing process in two ways

1. Reduced energy flow: It can block and reduce the flow of energy from the hands to the repair rhythms
2. Reduced precision: It can be more difficult for the repair rhythms to control the hands and use that energy

Together, they can reduce the opportunity for the healing process to be as successful as it can be. Figure 9

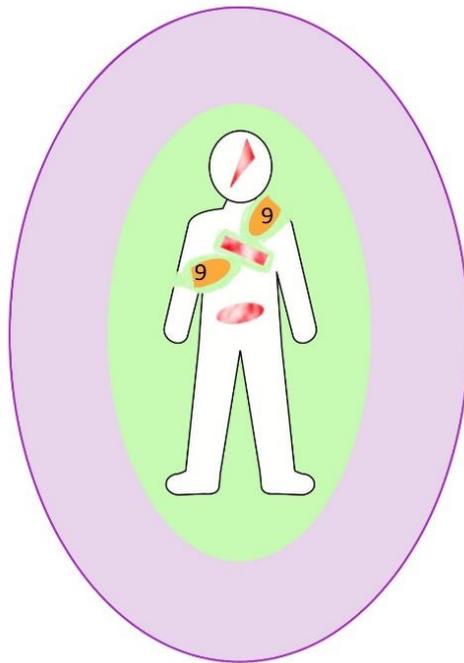


Figure 8

Direct contact - The practitioner's hands (9) are in direct contact with the repair rhythms (green) which allows SEE to occur

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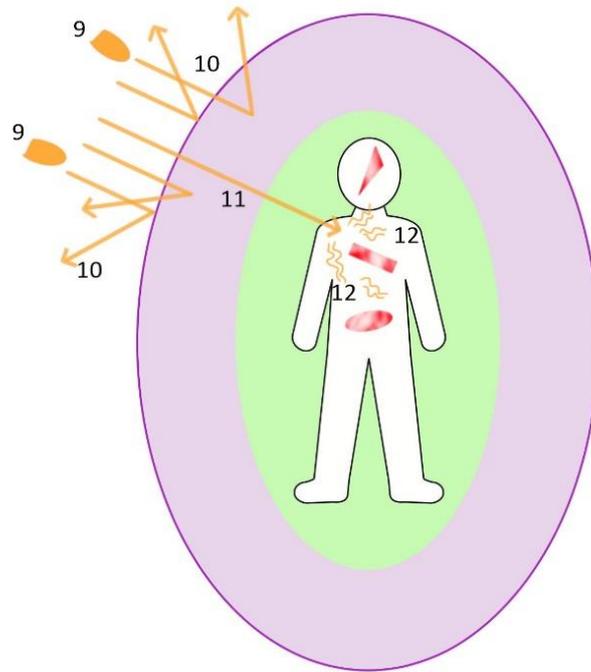


Figure 9

Indirect contact. The practitioner's hands (9) are not in direct contact the repair rhythms. The defence mechanisms can block (10) and reduce the flow of energy (11) from the practitioner's hands. It can also be more difficult for the repair rhythms to use that energy (12)

Everscence – an inside/out idea

Although, in Joint anchor technique SEE is the preferred healing connection, establishing it is not uncomplicated. There is the issue of access. As has already been mentioned, the repair rhythms are encased and protected by defence mechanisms inherent to the eplangetic body of every person; a layer of normal rhythms and the surface tension of the eplangetic body. These defence mechanisms cannot only block and reduce energy reaching the repair rhythms, they can also block the hands and prevent them from accessing the repair rhythms directly. If SEE is to occur, the defence mechanisms must be temporarily and appropriately negated. Figure 10

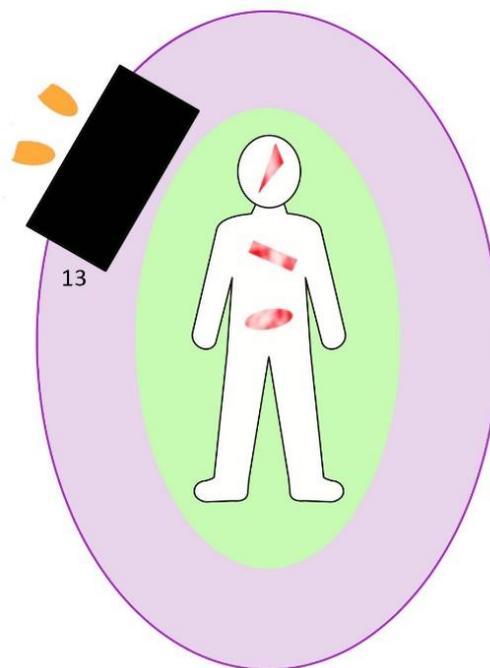


Figure 10

The defence mechanisms can also block the hands of the practitioner (13) and prevent them from accessing and contacting the repair rhythms directly

How is this achieved? Through an idea unique to Joint anchor technique called everscence (*ee-VER-sense*). Everscence is the process of turning the entire energy system of a person inside out! When the eplangetic body turns inside out, the repair rhythms are brought to the surface of the eplangetic body, while the layer of normal rhythms and surface of the eplangetic body are tucked below the repair rhythms, out of the way.

At the surface of the eplangetic body, the repair rhythms are now accessible to the hands of the practitioner, once the hands come into direct contact with the repair rhythms, the repair rhythms are able to cover and shield the hands, almost like hands are wearing energetic gloves. Not only does this promote engagement and synchronisation, it also allows the repair rhythms to move the practitioner's hands freely, without any restriction, through the tucked away layer of normal rhythms and surface tension of the eplangetic body to the problem areas. Figures 11 to 18

The process of everscence is possible through the versatility of the design of another fundamental idea of Joint anchor technique - the energetic joint anchor. As well as anchoring and aligning the eplangetic body to the physical body, energetic joint anchors have another primary function. Under appropriate conditions, they are capable of altering their configuration in such a way that turns the eplangetic body inside out. (The details of this are not given here.)

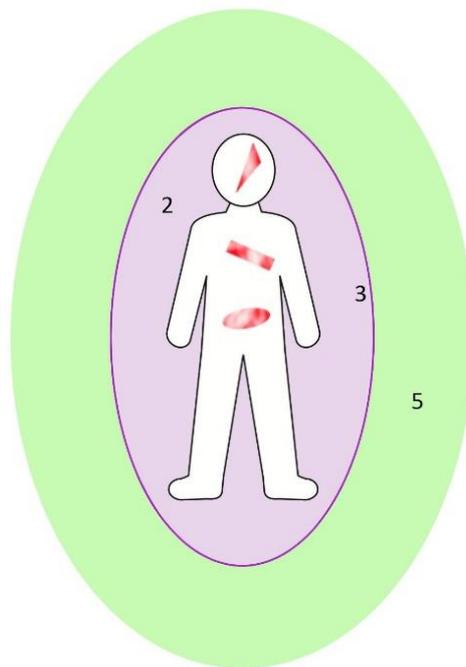


Figure 11

Everscence – The eplangetic body turns inside out. The layer of normal rhythms (2) and surface of the eplangetic body (3) are tucked away beneath the repair rhythms. The repair rhythms (5) are now at the surface of the eplangetic body

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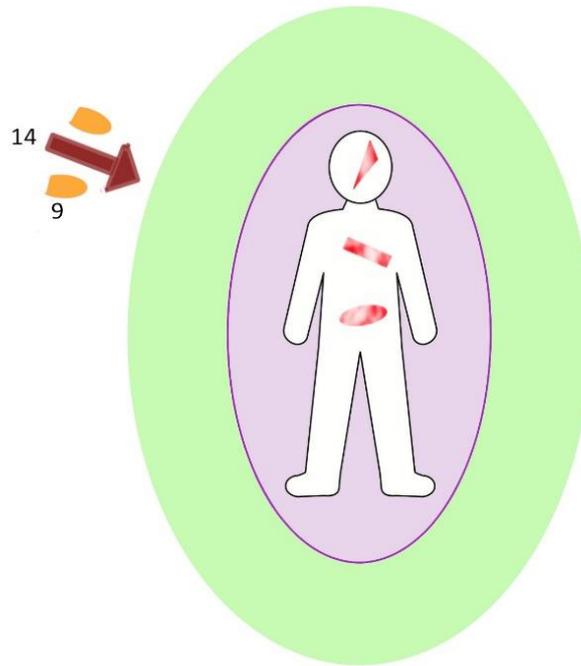


Figure 12

The practitioner's hands (9) now have access to the repair rhythms (14)

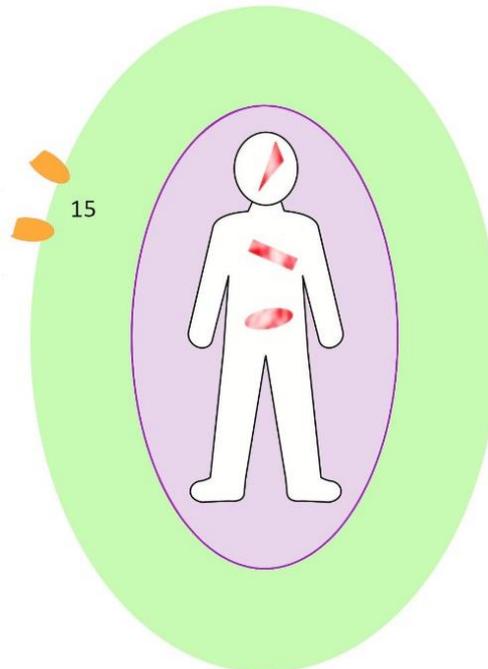


Figure 13

The practitioner's hands come into direct contact with the repair rhythms (15)

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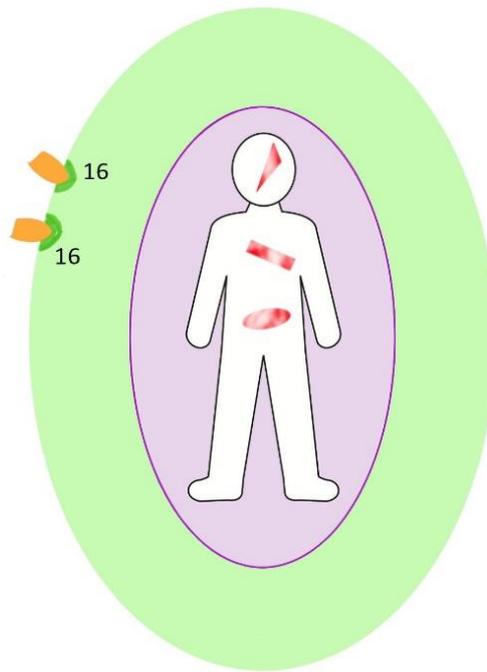


Figure 14

At the appropriate time, the repair rhythms engage and synchronise with the repair rhythms (dark green, 16)

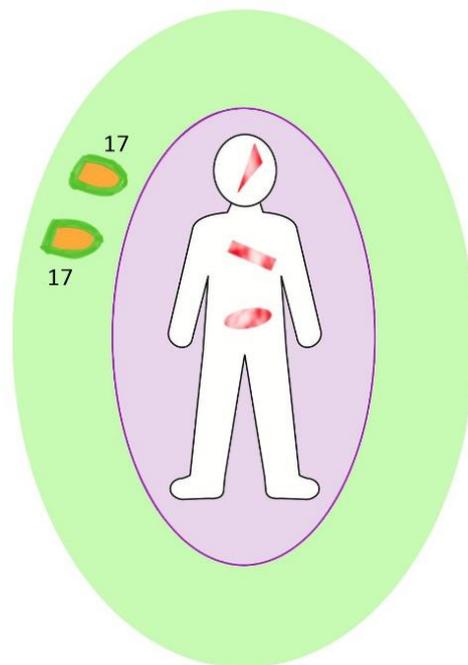


Figure 15

SEE – The hands and repair rhythms are fully engaged and synchronised. It is almost like the hands are wearing energetic gloves. Synchronisation allows the repair rhythms to control the hands and begin to move them to the problem areas (17)

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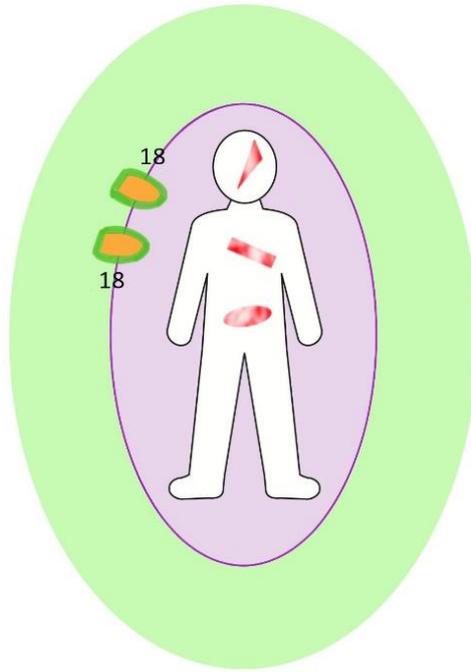


Figure 16

SEE allows the hands to pass freely through the surface of the eplangetic body (18)

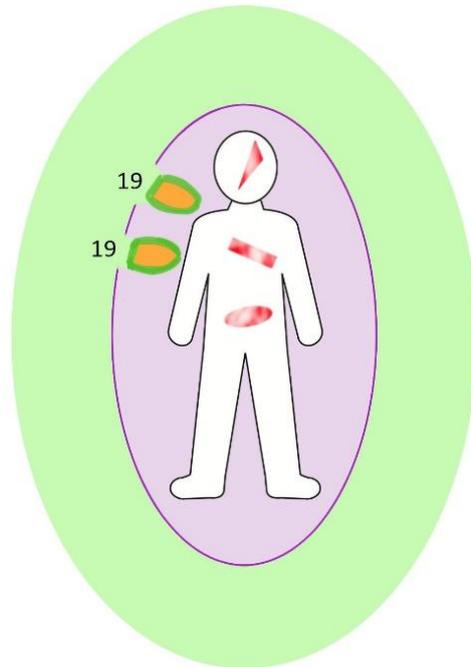


Figure 17

SEE also allows the hands to pass unrestricted through the layer of normal rhythms (19)

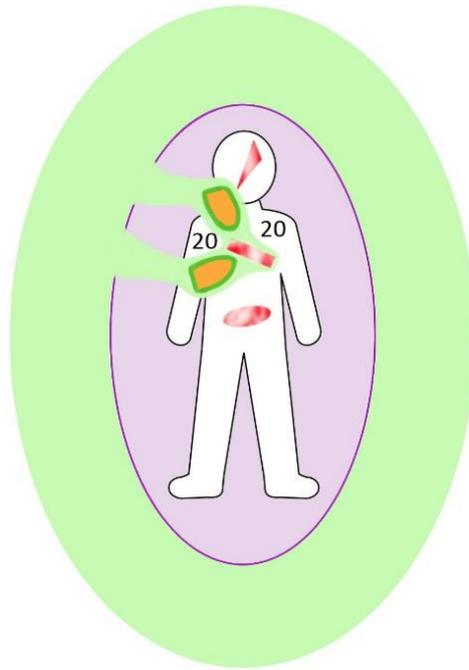


Figure 18

SEE – Once the hands are at problem areas (20), there is a better flow of energy from the hands, and the repair rhythms are able to move the hands with better precision that makes better use of that energy. This gives the healing process a better opportunity for being as successful as it can be

